



NEWS RELEASE

DATE: January 4, 2010

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Record-Herald and Indianola Tribune, Sara Sleyster 961-4833, ssleyster@dmreg.com
Des Moines Register, Kathy Bolten 286-2504; Jose de Jesus 284-8124, kbolten@dmreg.com
KATZ Channel 12, Barb Hillebrand 989-3075, barb.hillebrand@carlisle.k12.ia.us

FOR ADDITIONAL INFORMATION CONTACT:
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LIFEGUARD TRAINING AVAILABLE

Carlisle, IA Anyone interested in seeking employment as a lifeguard at the Carlisle Family Aquatic Center during 2010 is encouraged to look into the following upcoming lifeguard training courses:

- Location: Dowling High School
 - Prerequisite Skills Session: February 15th, 2010 6-10 pm
 - Course Days and Times: Tuesdays & Thursdays 6-10 pm
 - Course Dates: February 15th- March 11, 2010
 - Cost of Course: \$125
 - Registration Information: Registration is currently open. Please contact Mark Brewick at 515-222-3441.
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- Location: Summit Middle School, 9500 Windsor Pkwy, Johnston
 - Prerequisite Skills Session: March 2, 2010 6:30-9:30 pm
 - Course Days and Times: Tuesdays 6:30-9:30 pm & Sundays 2:00-8:00 pm
 - Course Dates: March 2 - April 13, 2010 (no classes 3/14, 3/16, 3/21. & 4/4)
 - Cost of Course: \$143
 - Registration Information: Registration is currently open. Please contact Johnston Community Ed at 515-278-0552.